

THE Leavenworth CONNECTION



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WELCOME INTERNS

Jacob Gruensfelder



I am a senior at the University of Missouri studying Mechanical Engineering with a minor in Aerospace. I am the oldest of four, one younger brother, two younger sisters. I am from St. Charles MO about 25 miles outside of St. Louis. Hobbies include, different sports such as baseball, football, and basketball, and also wakeboarding, and fishing. I really enjoy being on the water during the summer when the weather is nice. My family takes a trip to Table Rock Lake every year where we do all sorts of water sports and activities. When asked what intrigued me about working for Hallmark this summer as an intern, I said "it was the opportunity to work for an internationally recognized company and the opportunity to take on challenging new projects."

Nastasia Harden



I am a junior at Western Michigan University majoring in Graphic and Printing Science. I was born in Oakland, California but spent most of my life in Battle Creek, Michigan (also known as Cereal City). My favorite cereal is Frosted Flakes. I now live in Kalamazoo, Michigan where I go to school. I'm the youngest of four children, I have 1 brother and 2 sisters. My hobbies include photography, running, and creating zines (little magazines), learning Spanish (I'm minor-ing in Spanish), going to the beach, and traveling. At home I am a Graphic Designer and I focus on international advertising. I want to travel the world and speak 3 languages fluently, English, Spanish, and Arabic. I am the Print Intern here this summer. What intrigued me about wanting to intern here is Hallmark Card Creativity. Hallmark is a company with years of Creative thinking and innovating and I'm excited that I can be a part of it. What I hope to gain during my in-ternship is more knowledge about printing, and experience of real world application.

Welcome!

Ward Hawley



I'm thankful for the opportunity to work in Leavenworth and have appreciated the warm welcome from everyone. The Leavenworth facility is well known for innovation, printing expertise, and a close connection with business partners. It's truly an honor to get a chance to contribute here. My background is somewhat local. My last duty station before retiring from the military was right here at Fort Leavenworth. After retiring, I spent 15 years in the Topeka Plant in various assignments, three years managing the Metamora and Center Fixture Plants, and one year as the Inbound Group Manager in Liberty.

One of my core beliefs is that the people closest to the work know best how to improve the process. My goal is to create more opportunities for operators to involve themselves in problem solving that drives our business goals. Literally, two-hundred minds are always superior to one.

I look forward to working with and learning from all of you.



What bit you?

Bees and Wasps When a bee stings, it releases a chemical that attracts other bees. If you're not allergic simply remove the stinger. It doesn't matter much on HOW you remove the stinger. What matters is how QUICKLY you remove it. Scrape it with a credit card, pull it with tweezers. Sometimes icing it first will help. It's more important to get it out quickly then let it sit. Leaving it in will cause a bigger reaction. Clean the site with soap/water, apply cool compress and take a pain reliever if needed. Topical hydrocortisone cream or an oral antihistamine may be taken to reduce itching and swelling. Avoid itching which can increase the risk of infection. For those with bee/wasp allergies ALWAYS carry an EpiPen.

Black Widow Spiders are identifiable by their orange/red "hourglass" shape on its abdomen. They hide in dark secluded areas such as wood piles, wood stumps, dark basement corners, etc. Two fang marks and a sting indicate a black widow bite. Reactions can be immediate and include muscle cramps, nausea, sweating, or death of surrounding skin, vomiting, seizure and a spike in blood pressure. Antidotes are the treatment for black widow bites so seek medical treatment immediately.

Brown Recluse Spiders have a violin-shaped marking and six equal-sized eyes. Brown recluse spiders are usually found in secluded, dry, sheltered areas indoors and outdoors. Most bites are painless at first but pain starts to set in within 8 hours. You may notice the bite area reddens, turns white, develops a painful red "bull's-eye," blister. See a doctor if you develop fever, chills and body aches, abdominal cramping or the center of the bite is growing. Sometimes antibiotics and a tetanus booster will be needed. Rarely the venom is deadly. If bitten, clean with soap/water, apply Neosporin, elevate the area that was bit, apply ice and take a pain reliever or antihistamine if needed. The main thing is to observe for signs of infection. The bite usually heals in a week

Mosquitos can carry and spread diseases. Bites may cause swelling, itching, soreness and redness. If bitten, wash with soap/water, apply hydrocortisone or a baking soda/water paste, apply a cool compress, and take an antihistamine if needed for stronger reactions. Try not to scratch. Bites usually clear up in a few days. See your doctor if more severe reactions occur. These include hives, headache, body aches, fatigue, swollen lymph nodes and/or a fever or if a bite looks infected. Mosquitoes pick their "victim" via scent, their sweat chemicals and even exhaled CO2. To protect yourself, apply insect repellent when outdoors and remove standing water around your yard.

Ticks prefer warm moist spots, like the armpit and groin. If you find one, remove it with tweezers, pulling the tick straight off the skin to prevent the tick's mouth parts from breaking off in the skin. Put the tick in a plastic bag, mark with a date and put it in the freezer just in case any illness develops after. Wash the site with soap/water and follow same care protocol as with mosquitos. Seek emergency care if you have sudden heart palps, breathing difficulty, severe headache or paralysis. Contact your doctor if you weren't able to completely remove the tick, if you see a circular "bull's-eye" pattern rash which could be Lyme disease, if you develop any flu like symptoms (fever, chills, fatigue, body ache), or signs of infection such as oozing. An excellent way to protect yourself is to wear insect-repellent clothing. Apply insect repellent to exposed skin. Repellents that include DEET, Picaridin, or lemon eucalyptus oil are effective. Treat/spray your shoes. Also, remember to check your pets.

Chiggers can be harmful to humans in the larval stage. When chiggers bite, they attach to their victim's skin for several days leaving itchy or painful welts behind. Treat similar to mosquito bites.

THANK YOU

There are simply no words to express my heartfelt thanks for the sympathy and support you have extended to me and my family during this time of loss. We are very grateful for all your thoughts and prayers

Gary Britton & Family

BIRTHDAYS

- 01 June Mallonee
- 04 Steve Lacey
- 04 Debbie Tullis
- 09 Mike Bailey
- 09 Dallan Whitford
- 11 Pat Kermashek
- 11 Jerry Thompson
- 16 Eric Marlowe
- 21 Scott Higgins
- 24 Beth Crockett
- 24 Steven Johnson
- 25 Jon Anderson
- 25 Chris Sanders
- 27 Mark Christopherson
- 28 Becky Jones
- 30 Ryan Engler

ANNIVERSARIES

- 20th David Hummerick
June 10, Section Mgr II
- 20th Paul Smith
June 18, Gravure
- 20th Brandon Maxey
June 20, Maintenance
- 20th Kim Murphy
June 24, Sticker Cell
- 40th Bob VanSchoelandt
June 10, Gravure

CARD SHOP

Father's Day is June 19th!

Remember the card shop for all your Father's Day cards and gifts. New items and old favorites have arrived just for dad. Beer glasses, coffee mugs, Star Wars, Kiddie Car Classic, and Harley Davidson items. Or maybe something for the BBQ master that he thinks he is! There is sure to be something in the card shop, stop in, check it out and find a gift that will make his Father's Day special.

