

Congratulations to our new CSP !

Your first thought after reading this headline might have been "what the heck is a CSP?" or you might be under the mistaken impression that CSP stands for "Corny Science Person" or "Connoisseur of Spam Patties" Neither of these would be correct. A CSP is a Certified Safety Professional and is a highly respected certification that is awarded to an individual who meets academic standards, satisfies professional safety experience requirements, and has passed two rigorous examinations. The examinations cover engineering and management aspects of safety, applied sciences, legal and regulatory matters, professional affairs, and other safety-related topics. Achieving the CSP is not an easy undertaking.

So, have you deduced who might have earned the Certified Safety Professional designation? That is correct – it is our own Mike Robert. Next time you see Mike, you might want to congratulate him on this achievement – or ask for one of his new business cards that read "Michael T. Robert, CHMM, CSP".

Next question - What the heck is a CHMM?????



Shingles is caused by the varicella-zoster (chickenpox) virus. After you've had chickenpox, the virus stays dormant in nerve tissue near your spinal cord and brain. Years later, the virus may reactivate as shingles in potentially 1 out of every 4 individuals. The painful rash of shingles can occur anywhere on your body and is most likely to occur around either the left or the right side of your torso-sometimes resembling a stripe or band.

An individual age 50 or over is at increased risk from the following: certain diseases that decrease the immune system, cancer treatments, and certain medications (such as long term use of prednisone).

It's important to recognize and report the symptoms of shingles early. Early treatment with an anti-viral medication can decrease the chance of complications and possibly shorten the length of infection. Signs can include tingling, numbress, pain or burning followed by a red rash. Blisters may form, break open, and crust over. Extreme itching is common. Fatigue, body aches, and fever may also occur.

Though not life-threatening, shingles can be intensely painful and in severe cases may cause complications. Postherpetic neuralgia is a painful condition caused by damaged nerve fibers that can last from months to years. Bacterial skin infections, vision loss, and other neurological problems can also develop from shingles.

Shingles cannot be passed to another person by sneezing, coughing, or casual contact. The only way to get Shingles is by first having chickenpox. However, if a person has never had chickenpox and has direct contact with the Shingles rash when it is still blistering, he or she can get chickenpox, which can later resurface as Shingles.

Fortunately, there is a shingles vaccine approved by the FDA to reduce the risk and painful complications of shingles in people age 50 and over and those at increased risk of reactivation of the dormant shingles virus. If a person has already had shingles the vaccine is recommended to help prevent recurrence. Cigna insurance will cover this vaccine.

CARD SHOP

2014 Keepsake Ornaments are now on sale in the Card Shop. Shelves are restocked daily and new ornaments will premier in October, November & December. So....continue a series, start a new one, buy that one ornament that holds a special memory for you, or spread holiday cheer throughout the year with Mickey and the gang, A new ornament is available each month.



2014 Kansas City

Renaissance

Also available in the Card Shop are Hallmark printed logo tees. Our price \$11.96. Limited quantities available

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- Dan Dicks 06
- 06 Patty Schmitendorf
- Shawn Turnbow 06 06 Jennifer White
- 09 Tricia Crowe
- 10 Joyce Smith
- 11 Wayne Simien
- John Rittel
- 15 16
- Marsha Carev **Colette Niehues** 18
- 19 Sheila Allen
- 19
- Rob Topping 22
- David Hummerick Margie Wise
- 22 Ed Bowen 24
- 26 David Lang
- 26 Linda Minnis
- Kelly Nitzschke 27
- 28 Susan Supplee
- 29 Dave Nester
- Scott Blanken 30
- 30
 - Vera Saegers







Casey Buerman Aug 18, Maintenance

Derek Denney Aug 8, Roll Wrap

Judy Hodges Aug 15, Printed Tissue

Dan Dicks Aug 31, Plate Cell

Peggy Heim Aug 21, Warehouse



Linda Minnis Aug 21, Roll Wrap



Dan Gallagher Aug 14, Gravure

Debbie McClain Aug 23, Prod. Mfg



Gary Britton Aug 27, Gravure



Sandy Duffin Aug 27, Warehouse

Sharon Tinder Aug 27, Tinted Tissue

Allen Ard Aug 19, Maintenance

Connie Poe Aug 29, Photopolymer



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PLUS LABOR DAY & COLUMBUS DAY **10AM TO 7PM RAIN OR SHINE**

TICKETS: ADULT \$15.50 CHILDREN \$9.50

TICKETS CAN BE PURCHASED FROM LISA ALLEN **MAKE CHECKS PAYABLE TO HALLMARK CARDS**





