

Benefits Enrollment 2013 Bea Wake-Jasuta

Annual open enrollment for 2013 benefits will be held **November 7-18, 2012**. All employees will receive a 2013 benefits guide in late October with complete details. Following is a preview of what you can expect.

New for 2013

- CVS/ Caremark will be the new pharmacy administrator for 2013 prescriptions.



What can you do during open enrollment?

- Enroll in or drop medical plan coverage for you and your eligible dependents.
- Enroll in or drop dental plan coverage for you and your eligible dependents.
- Enroll in regular option medical or the CIGNA Choice Fund.
- Switch between regular and high option dental insurance.
- Enroll in the Flex plan to save on health care or dependent day-care expenses.
- Enroll in, drop or change vision coverage.
- Enroll in, drop or change the amount of voluntary accident insurance coverage.
- Drop dependent life insurance coverage if your dependent is no longer eligible.

Who can you cover?

In general, you may cover:

- Your spouse or domestic partner.
- Children up to age 26 for medical, dental and vision.
- Children up to age 22 for dependent life and voluntary accident insurance.
- Unmarried children of any age who are incapable of self-support.



Health and Wellness



Breast cancer is the second leading cause of cancer deaths in women. For 2005, the American Cancer Society® predicted that an estimated 211,240 new cases of invasive breast cancer would occur among women in the U.S. For an individual woman, the lifetime risk of developing breast cancer is one in eight. Studies have shown that mammography is an effective way to detect cancer

early, when it is most treatable. That's why it's recommended that all women ages 40 and older get a mammogram every year. Now that you know how important these tests are, take the time today to schedule your appointments to have them, and encourage loved ones to have them as well.

Your Hallmark CIGNA plan includes 100% coverage for preventive care services, when these services are billed as a preventive care service. Screening mammograms are covered for women ages 40 and older, annually. Screening or preventative mammograms do not require a physician's order.



Access to Records

As an employer, Hallmark is required by the Occupational Safety and Health Administration to inform its employees of their right to access medical and exposure records. Records that you are entitled to review include your personal medical file and test results of conditions that exist in your workplace environment. If you have questions or would like to access your records, contact Tricia Smith in the Medical Department.

Happy Birthday! *Anniversaries*

October

- 13 Sherry Oneslager
- 16 Larry Demaree, Carol Oneslager
- 17 Bill Blevins
- 18 Anthony Reese
- 19 Casey Stafford
- 20 Ridgie Webb
- 21 Kim Moreno
- 23 Christina Sechler
- 24 Bill Riddle
- 25 Mike Jones, Ken McNair, Dennis Yarnell
- 26 Chris Chavez, Tony Richeson
- 27 Shawn Bristol, Robin Crawford
- 28 Kevin Beals, Joyce Smith
- 29 Ed Hickey, Debi Robinson
- 30 Jack Campbell
- 31 Jeanette Bullock, Levi Rankin, Adam Renyer

November

- 1 Cathy Jankovich
- 3 Ruth Piper
- 4 Susan Wymore
- 5 Nick Poff, Lawrence Trowbridge, Ryan Yarnell
- 6 Merry Wilde
- 7 Todd Ford
- 8 Rose Brown
- 9 Leslie Grant



Employee in the Spotlight

Name: Damian Harris
Position: Section Manager III

Department: Large Die Cut
Yrs of Service: 18 years

- Q: Best part of your day?
- A: Spending time with family.
- Q: Toughest part of your day?
- A: Getting out of bed.
- Q: Favorite Hallmark moment?
- A: Convincing a co-worker to dance in front of corporate officers.
- Q: What is your hope for Hallmark Cards?
- A: To recapture past success while being adaptable to the changing market.
- Q: What is one thing many people don't know about you?
- A: I am related to Cindy Crafore (distant cousin).
- Q: What is your favorite season?
- A: Spring.
- Q: If you had a super power, what would it be? Why?
- A: Being invisible. I could have a lot of fun with that!

15 Years

Christine Moore (Ctr Pkg), 10/23



Silent Auction

The holidays are right around the corner. It's time to think about what you would like to contribute to the Holiday Silent Auction. This year's auction will be held November 26 through December 7. More details available later.



Reminder

To access the intranet, HR Direct, and TMS from home:
<http://access.hallmark.com/intranet>



Did you know . . .

◆ **...Headquarters Counseling Center** provides caring, trained volunteers and paid staff to improve the emotional well-being and safety of adults and children through readily available counseling, education and information services? Free, confidential, available 24 hours. Services include Phone a Friend for children, children's safety programs and assistance to groups after a traumatic event. For more information, call 841-2345.

◆ **...\$1 per week** provides a scholarship for care for an infant for one week at the Douglas County Child Development Association?



Daylight Savings Time ends November 4.
Turn clocks back 1 hour!



- SAFETY rules are your best tools!