# Greetings News Hallmark

July 13, 2015 Monthly Publication

Send a card. It's the biggest little thing you can do.

# Employee in the Spotlight

Name: Kevin Bowman Department: Safety Position: Safety/EHS Administrator Years at Hallmark: 2 years

Q: Best part of your day:

A: When everyone goes home the same way they came to work. My goal is for everyone to put safety first and be aware of their surroundings as well as their colleague's.

Q: Toughest part of day:

A: Whenever I hear about a safety incident and a team member is hurt, it is a disheartening moment.

Q: Favorite Hallmark moment so far:

A: As Section Mgr, my team surprised me by taking my wife and I to dinner. It was a nice occasion because just about all the team members attended with their spouses.

Q: What is your hope for Hallmark?

A: As EHS Administrator, to decrease the number of safety incidents by 40% and to bring awareness to all team members that your day begins with safety.

Q; What is one thing that not many people know about you?

A: I served in the United States Marine Corps for over 23 yrs and I also have two younger brothers who are currently serving in the United States Army for over 20 years.

Q: If you could have a super power, what would it be? Why?

A: To show how one small act of our random acts of kindness can help us all make a difference in the world and live a life worth remembering.

Q:What's an improvement you've made to your job or Department?

A: After I finished my training 2 yrs ago, I was assigned as the 3rd shift Section Mgr. for Flitter, Flock, Screen Print, & Screen Room. On Oct 21, 2013, I met the men & women I would work with for the first time. After telling them a bit about myself, I ended my intro saying that "Actions speak louder than words and that I like to show people what I will do rather than tell them." Over the next few months we worked hard to help meet our dept goals and in the process, a cohesive team was built. There was a feeling of pride, teamwork, and a common loyalty shared by everyone. There was job satisfaction, positive outlook and feeling of well-being also known as Esprit De Corps.

Q: What's your favorite season?

A: I like all four seasons—Summer, Summer, Summer and Summer!

#### Diversity and Inclusion

## **National Give Something Away Day is July 15th**

National Give Something Away Day is celebrated annually on July 15. This is a day to give something to someone. It can be something that is a basic necessity like shoes or clothing or something more frivolous like flowers or a balloon bouquet. Spend time with someone in a hospital or just call someone to let them know you are thinking about them. National Give Something Away Day is a day to pay it forward and do something nice for someone, whether it is someone you know or a stranger.



# Thank You

I would like to thank Hallmark and my co-workers for their prayers, cards and generosity. It brings great comfort to me after the passing of my wife Vivian. I miss her everyday! God Bless You All

Sincerely, Chris Cozadd

### Silent Auction for School Supply Drive - July 20th thru July 31st

Are you crafty, a baker? Think about bringing these items in for the silent auction to raise money for School Supplies or bring school supplies in and drop in the barrels located at the front desk, back entrance or the Crown Room.



Donated items can be left at the front desk. Please put your name, dept and shift on the

Last year we raised \$326.00 to donate to the schools.

Thanks, the VIP Team





Jul	11	Clarence Davidson	Jul	29	Darren Landers
Jul	11	Scott Remfry	Jul	30	Liz Barnhart
Jul	11	Marie Ruiz	Jul	30	Angie Horne
Jul	13	Millie Schonherr	Jul	30	Roger Watson
Jul	14	Tammy Campbell	Jul	31	Mary Chaney
Jul	14	Terri Hickerson	Jul	31	Justin McClintic
Jul	16	Gabriel Mosqueda	Jul	31	Ron Rice
Jul	16	George Robbins	Jul	31	Aaron Valdivia
Jul	17	Clint Church	Aug	01	Zoe Ann Kennedy
Jul	17	Mike Riley	Aug	01	Venita Stokes
Jul	18	Betsy Paradies	Aug	02	Allen Korb
Jul	18	Stacey Smith	Aug	02	Bill Myers
Jul	20	Suzanne Fletcher	Aug	02	Patrick Riley
Jul	21	LaToyia Cunningham	Aug	02	Mary Tiscareno
Jul	21	Gary Florez	Aug	02	Kevin Truong
Jul	21	Luis Guzman	Aug	03	Wayne Wolgast
Jul	21	Chad Mooradian	Aug	04	Tammy Hart
Jul	22	Diana Pringle	Aug	04	Troy Herschell
Jul	22	Gina Riddle	Aug	04	Stacy Massey
Jul	23	Cleo Blackwell	Aug	04	Bola Porter
Jul	23	Shawn Bowen	Aug	04	Randy Smith
Jul	23	Terry Middendorf	Aug	05	Bill Crain
Jul	24	Doug Henderson	Aug	05	Gary Parker
Jul	24	Ruben Ortiz	Aug	05	Greg Pringle
Jul	24	Todd Pigg	Aug	06	Matthew Landsness
Jul	24	Steven Pope	Aug	06	Shawn Turnbow
Jul	25	Jennifer Mayer	Aug	07	Jim Casper
Jul	25	Mary Philbeck	Aug	07	John Kerr
Jul	26	Sandy Bruhns	Aug	80	Todd Flanagan
Jul	26	Kenneth Stokes	Aug	09	Kevin Turpin
Jul	27	Jay Ramirez	Aug	10	Matt Birch
Jul	28	Jon Boston	Aug	10	Jason Donnelly
Jul	28	Roy Carpenter	Aug	10	Linda Reynolds
Jul	28	Eugene Cowper	Aug	12	Hope Briggs
Jul	28	Teresa Stormann	Aug	12	Travis Nitchals



#### 35 Years

Rhonda Miller (Ctr Pkg) 8/12

#### 20 Years

Luis Guzman (Flitter) 7/10 Jennifer Mayer (Foil Bobst) 7/11 Amy Downing (Box Spec Pkg) 8/10 Mary Hubbard (Mfg Fin) 8/10 Debbie Mooney (Ctr Pkg) 8/10 Christina Sechler (Quality) 8/10 Karen Shirk (Flitter) 8/10 Debra Charay (Dept E) 8/11 Charlie Hight (Virko) 8/11 Cody Reynolds (Folding) 8/11 Todd Sossoman (Ctr Pkg) 8/11



Matt Ortiz (LDC) 8/3



The following employee will retire July 31st

Mike Ohse (LDC)

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# **12 Tips for Staying Cool This Summer**

- Be aware of the heat. Pay attention to it and modify your activities appropriately.
- Pay attention to your hydration status, and be sure to drink plenty of fluids.
  - Try to stay in relatively cool areas, even when outside. Many public places such as libraries, shopping malls and movie theatres are air conditioned.
- Avoid hot enclosed places, such as cars. Never leave children unattended in a car parked in the sun.
- Use a fan, if available.
- Stay on the lowest floor of your building.
- Eat well-balanced, light and regular meals.
- Wear loose-fitting, lightweight and light-colored clothing.
- Cover windows that receive a significant amount of sun with drapes or shades to help keep your house cool.
- Weather stripping and proper insulation will keep cool air inside your home.
  - Cool beverages are good for cooling down the body, while alcoholic drinks can impair the body's ability to regulate its temperature.

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Jul 29 Ruby Burns

#### **American Heart Sodium Challenge**

Aug 12 Judy Smyth

Hallmark Health joins the American Heart Assoc. in challenging Hallmarkers to "Take the Pledge" to

reduce sodium in their diets.

Check outside the nurse's office for all the details!



522 lbs. of food = 522 meals \$160.00 + corporate match = 640 meals 522 + 640 = 1,162 total meals. Thank you for your generosity - The Greetings VIP team!