

Greetings News



April 10, 2015 Monthly Publication

Send a card. It's the biggest little thing you can do.

Employee in the Spotlight

Name: Lyn Shughart Department: PX Position: Dual Tray Operator Years at Hallmark: 35 years

Q: Best part of your day:

A: Mornings, I am usually very cheerful and full of energy. I tend to irritate non-morning people. LOL!

Q: Toughest part of day:

A: Leaving my grandson and when someone takes my lunch out of the fridge.

Q: Favorite Hallmark moment so far:

A: Getting hired and spending my first paycheck.

Q: What is your hope for Hallmark?

A: That it continues to thrive for many years.

Q: What is one thing that not many people know about you?

A: I am from Seneca (God's Country) and I love scary shows.

Q: If you could have a super power, what would it be? Why?

A: To be the "Wizard of Oz" and give everyone a heart, a brain and courage.

Q: What's an improvement you've made to your job or Department?

A: Helped with downsizing PX and making it versatile for different foils.

Q: What's your favorite season?

A: Fall. Love the colors and having nice days and cool evenings.



Hallmark health Greetings Health Fair

May 7, 2015

7:00 am - 9:30 am
3:45 pm - 4:30 pm

Crown Room

Thank You

I would like to thank Hallmark for allowing me to enjoy a wonderful 25th anniversary celebration. My heart was touched with gratitude and appreciation as I shared my special day with my co-workers.

Because of Hallmark, I have become a stronger and flexible employee for the company. Thanks to all for the gifts, cards and flowers.

The memories of my 25th will be cherished forever.

Kris Rhea



* Diversity and Inclusion *

What Is Autism? What is Autism Spectrum Disorder?



Autism spectrum disorder (ASD) and autism are both general terms for a group of complex disorders of brain development. These disorders are characterized, in varying degrees, by difficulties in social interaction, verbal and nonverbal communication and repetitive behaviors.

ASD can be associated with intellectual disability, difficulties in motor coordination and attention and physical health issues such as sleep and gastrointestinal disturbances. Some persons with ASD excel in visual skills, music, math and art.

Autism appears to have its roots in very early brain development. However, the most obvious signs of autism and symptoms of autism tend to emerge between 2 and 3 years of age.

Autism statistics from the U.S. Centers for Disease Control and Prevention (CDC) identify around 1 in 68 American children as on the autism spectrum—a ten-fold increase in prevalence in 40 years. Careful research shows that this increase is only partly explained by improved diagnosis and awareness. Studies also show that autism is four to five times more common among boys than girls. An estimated 1 out of 42 boys and 1 in 189 girls are diagnosed with autism in the United States. ASD affects over 3 million individuals in the U.S. and tens of millions worldwide.



Don't forget Mom!

Mother's Day is May 10th

Apr 09	Wanda Cummings	Apr 26	Kirk Curtiss
Apr 09	Sid Hoobler	Apr 26	David Hall
Apr 10	Larry Ashton	Apr 27	Erika Hirahoka
Apr 10	Jay Paradies	Apr 28	Doug Hiegert
Apr 10	Brandon Smyth	Apr 28	Dick Roberts
Apr 11	Desiree Ramirez	Apr 29	Matthew Beach
Apr 12	Yvonne Gillespie	Apr 29	Daniel Gomez
Apr 12	Andrea Schuetz	Apr 29	Rob Ortiz
Apr 13	Debbie Payne	Apr 30	Tommy Abernathy
Apr 13	Karla Peek	Apr 30	Russell Edmonds
Apr 13	Tammy Spray	Apr 30	Ramon McAnderson
Apr 14	Stephanie Vervynck	Apr 30	Lisa Steinbock
Apr 15	Rose Clark	May 02	Pat Cummings
Apr 16	Adam Patch	May 02	Travis Kilburn
Apr 16	Bob Simpson	May 02	Chris Schiffelbein
Apr 17	Cindy Moon	May 02	Charles Spring
Apr 17	Pat Vaughn	May 03	Michelle Goacher
Apr 18	Robert Breinig	May 03	Rick Lopez
Apr 18	Kevin Choitz	May 03	Rhonda Miller
Apr 20	Sugie Wilson	May 04	Ed Schultz
Apr 21	Debbie Messenhimer	May 05	Gerald Jones
Apr 21	Tony Myers	May 05	Mabel Sam
Apr 22	David Arreguin	May 05	Heather Strobel
Apr 23	Jeff Colter	May 06	Kevin Fowler
Apr 23	Victor Rodriguez	May 07	Doug Easum
Apr 24	Marc Lutz	May 07	Matt Ortiz
Apr 25	Sue Kingsolver	May 07	Stan Swartz

35 Years	
Sharon Dean (CBF) 4/14	
Terri Varner (Ctr Pkg) 4/14	
Kym Miller (Mfg Acctg) 4/21	
25 Years	
Viola Stevens (Foil Bobst) 4/23	
Paul Bolinger (LDC) 4/30	
20 Years	
Aimee Glase (Box Spec) 4/21	
Monya Zarazua (Ctr Pkg) 4/21	
Lacey Stewart (Box Spec) 5/5	
15 Years	
Heather Strobel (Eng) 4/10	
Donnell Williams (Plant General) 5/1	
Terry Taul (Ctr Pkg) 5/4	

Did You Know:

Full-time Hallmark employees are eligible for 50/50 program tickets. Vouchers are available upon request. Please see Tarita Carpenter at the Front Desk.



Safety Tip for the Month

All Employee—Training April 27th



Remember!

- P**ull
- A**im
- S**queeze
- S**weep



Everything Starts with Safety!



GRADUATION RECOGNITION

If you have an immediate family member that will be graduating from high school or college, or if you are an employee completing graduate requirements, please complete a form located at the front desk and submit to Tina Ridgeway, by **April 30th**. We will feature these graduates in an upcoming issue of the Greetings News.