# Greetings News Hallmark



April 10, 2015 Monthly Publication

Send a card. It's the biggest little thing you can do.

### Employee in the Spotlight

Name: Lyn Shughart Department: PX Position: Dual Tray Operator Years at Hallmark: 35 years

- Q: Best part of your day:
- A: Mornings, I am usually very cheerful and full of energy. I tend to irritate non-morning people. LOL!
- Q: Toughest part of day:
- A: Leaving my grandson and when someone takes my lunch out of the fridge.
- Q: Favorite Hallmark moment so far:
- A: Getting hired and spending my first paycheck.
- Q: What is your hope for Hallmark?
- A: That it continues to thrive for many years.
- Q; What is one thing that not many people know about you?
- A: I am from Seneca (God's Country) and I love scary shows.
- Q: If you could have a super power, what would it be? Why?
- A: To be the "Wizard of Oz" and give everyone a heart, a brain and courage.
- Q:What's an improvement you've made to your job or Department?
- A: Helped with downsizing PX and making it versatile for different foils.
- Q: What's your favorite season?
- A: Fall. Love the colors and having nice days and cool evenings.



# health Greetings Health Fair

May 7, 2015



7:00 am - 9:30 am 3:45 pm - 4:30 pm

Crown Room

# Thank You

I would like to thank Hallmark for allowing me to enjoy a wonderful 25th anniversary celebration. My heart was touched with gratitude and appreciation as I shared my special day with my co-workers.

Because of Hallmark, I have become a stronger and flexible employee for the company. Thanks to all for the gifts, cards and flowers.

The memories of my 25th will be cherished forever. Kris Rhea





Diversity and

Inclusion



### What Is Autism? What is Autism Spectrum Disorder?



Autism spectrum disorder (ASD) and autism are both general terms for a group of complex disorders of brain development. These disorders are characterized, in varying degrees, by difficulties in social interaction, verbal and nonverbal communication and repetitive behaviors.

ASD can be associated with intellectual disability, difficulties in motor coordination and attention and physical health issues such as sleep and gastrointestinal disturbances. Some persons with ASD excel in visual skills, music, math and art.

Autism appears to have its roots in very early brain development. However, the most obvious signs of autism and symptoms of autism tend to emerge between 2 and 3 years of age.

Autism statistics from the U.S. Centers for Disease Control and Prevention (CDC) identify around 1 in 68 American children as on the autism spectrum—a ten-fold increase in prevalence in 40 years. Careful research shows that this increase is only partly explained by improved diagnosis and awareness. Studies also show that autism is four to five times more common among boys than girls. An estimated 1 out of 42 boys and 1 in 189 girls are diagnosed with autism in the United States. ASD affects over 3 million individuals in the U.S. and tens of millions worldwide.



Apr	09	Wanda Cummings	Apr	26	Kirk Curtiss
Apr	09	Sid Hoobler	Apr	26	David Hall
Apr	10	Larry Ashton	Apr	27	Erika Hirahoka
Apr	10	Jay Paradies	Apr	28	Doug Hiegert
Apr	10	Brandon Smyth	Apr	28	Dick Roberts
Apr	11	Desiree Ramirez	Apr	29	Matthew Beach
Apr	12	Yvonne Gillespie	Apr	29	Daniel Gomez
Apr	12	Andrea Schuetz	Apr	29	Rob Ortiz
Apr	13	Debbie Payne	Apr	30	Tommy Abernathy
Apr	13	Karla Peek	Apr	30	Russell Edmonds
Apr	13	Tammy Spray	Apr	30	Ramon McAnderson
Apr	14	Stephanie Vervynck	Apr	30	Lisa Steinbock
Apr	15	Rose Clark	May	02	Pat Cummings
Apr	16	Adam Patch	May	02	Travis Kilburn
Apr	16	Bob Simpson	May	02	Chris Schiffelbein
Apr	17	Cindy Moon	May	02	Charles Spring
Apr	17	Pat Vaughn	May	03	Michelle Goacher
Apr	18	Robert Breinig	May	03	Rick Lopez
Apr	18	Kevin Choitz	May	03	Rhonda Miller
Apr	20	Sugie Wilson	May	04	Ed Schultz
Apr	21	Debbie Messenhimer	May	05	Gerald Jones
Apr	21	Tony Myers	May	05	Mabel Sam
Apr	22	David Arreguin	May	05	Heather Strobel
Apr	23	Jeff Colter	May	06	Kevin Fowler
Apr	23	Victor Rodriquez	May	07	Doug Easum
Apr	24	Marc Lutz	May	07	Matt Ortiz
Apr	25	Sue Kingsolver	May	07	Stan Swartz



#### 35 Years

Sharon Dean (CBF) 4/14 Terri Varner (Ctr Pkg) 4/14 Kym Miller (Mfg Acctg) 4/21

#### 25 Years

Viola Stevens (Foil Bobst) 4/23 Paul Bolinger (LDC) 4/30

#### 20 Years

Aimee Glase (Box Spec) 4/21 Monya Zarazua (Ctr Pkg) 4/21 Lacey Stewart (Box Spec) 5/5

#### 15 Years

Heather Strobel (Eng) 4/10
Donnell Williams (Plant General) 5/1
Terry Taul (Ctr Pkg) 5/4

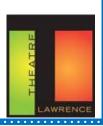


### Did You Know:

Full-time Hallmark employees are eligible for 50/50 program tickets. Vouchers are available upon request.

Please see Tarita Carpenter at the Front Desk.







# **GRADUATION RECOGNITION**

If you have an immediate family member that will be graduating from high school or college, or if you are an employee completing graduate requirements, please complete a form located at the front desk and submit to Tina Ridgeway, by **April 30th.** We will feature these graduates in an upcoming issue of the Greetings News.

# Safety Tip for the Month

## All Employee—Training April 27th









Everything Starts with Safety!