

## Amy Trowbridge-Yates

You are a beautiful being who is growing and changing,  
and messing up on occasion and getting it right lots of  
times, too.

You are a work in progress.

Keep evolving and pushing forward.

And while you're busy you're doing all that,

I'll be here, still loving you,

because it's pretty easy to do.

\_\_\_\_\_

You're my person.

Your love is something to be sure of in this WTF world.

You're my go-to for all things happy, hard, or hilarious.

You are it for me.

And I couldn't be more grateful... or more in love.

\_\_\_\_\_

Love the things I learn just by watching you be you.

Love the ways you shape and change the lives of those  
you love.

Love the impact you have on the world...and me.

Love you.

\_\_\_\_\_

Fun AF.

Just one of the million reasons to like you.

\_\_\_\_\_

You are a craft beer in a world of cheap 6-packs.

Cheers to a great guy.

Near > Far Miss you.

\_\_\_\_\_

Hello there.

Love from here.

\_\_\_\_\_

On days when I've run out of steam, out of milk,  
out of room in my purse. . .

I've got you.

To pick me up, calm me down, make me laugh.

You're there for me.

And that means a lot.

I need more YOU in my life.

(And clearly, a bigger purse.)



## Kevin Dilmore

### ENCOURAGEMENT, COPE, AND SUPPORT

Here so briefly.  
Gone too soon.  
Loved so very much.  
My heart goes out to you.

### GRATITUDE AND THANKS

Dad, Nothing can stop the smile that comes to my face whenever someone says to me, "You remind me of your father," The qualities you have, the lessons you've taught, the values you demonstrate-- they shine through in me. I am proud to carry on what you have given me. And I am so grateful for you.

---

You show me over and over  
that strength doesn't have to be loud  
or forceful or stubborn.  
Your support comes quietly,  
constantly and gracefully.  
You are strong for everyone  
just when we need you to be.  
I love you for that and so much more.

---

Mama, you're always there for us. No matter what's going on in your world, you check to make sure we're all good. Whether it's with your words or your hugs, you remind us you've got our backs. On our biggest days or in our toughest times, you cheer us on loud and proud like nobody else. Thanks for being there for us, Mama . . . There's no one who could mean as much as you do.

### MISS YOU AND THINKING OF YOU

What you give me doesn't need to be wrapped. It costs nothing, but to me, it's priceless. It's your time. Your attention. Your laughter. Your love. What you give me is you, and that's the best gift there is.



## Melvina Young

### ENCOURAGEMENT, COPE, AND SUPPORT

Sitting under  
the weight of a mountain  
a diamond cannot see  
what she's becoming.  
She can't know  
her own strength  
or see her own shine.  
Not yet.

---

No matter what tries  
to block your path,  
remember--  
sisters move mountains  
together.  
Here for you all of the time.

---

Sometimes weathering the storm  
means running for shelter.  
Other times it means  
sitting in the rain  
and letting the raindrops  
tap out a soft-rhythm  
on your sky-turned face.  
And, at other times  
it means out-shouting the thunder  
and out-crying the rain.  
Whichever feels right is right.

---

The thing about strength  
is that when you're running low  
you can always tap a friend for a refill.

### GRATITUDE AND THANKS

You're my She-ro.

You're the epitome  
of the "take no mess,  
tell no lies,  
leave no sister behind" sister  
I depend on  
to keep it real  
and keep me strong.

On the real ... you're the realest.  
You're just the kind of friend I need.  
Love you, girl.

---

You're like my own personal rainbow.

You always show up to brighten my skies.  
Thank You.

---

A good friend lets you  
laugh until you cry and  
cry until you laugh..  
A great friend understands  
this is totally normal.  
Thanks for being a great one.



## Melvina Young cont.

### GRATITUDE AND THANKS

(Wife)

Baby, this whole family thing  
just doesn't work without you.  
Every day you partner with me,  
pray with me over us all,  
and let our littles know  
how big they can become.  
Every day you help them  
liberate their imaginations  
and grow their dreams.  
And every day you lift us all up  
with your love...  
And we love you back even more.  
how big they can become.  
Every day you help them  
liberate their imaginations  
and grow their dreams.  
And every day you lift us all up  
with your love...  
And we love you back even more.

---

Mama  
you deserve--  
a day that's all about you.

You do for all of us--all the time.  
So today, hope you can step away  
from the chaos and loudness of life  
and slip into a peaceful groove  
where you can reset and come back  
an even happier mama.  
You deserve to just take care of you,  
and you deserve to hear all the thanks and praise  
we feel for you.

### MISS YOU AND THINKING OF YOU

Mama, you're where all our hearts gather.

---

(Estranged Family)

I miss you.  
I miss talking to you  
and hearing what's happening  
in your life.  
I miss sharing and laughing  
with you.  
I miss having the good person you are  
being a big part of my life.

And no matter what, I just want you to know that.

---

(Military Couple)

If the world worked  
the way I want it to...  
you'd be right here.  
Next to me.  
You know that I'd give anything  
to be in your arms  
touching your face  
staring into your eyes  
and tasting your lips.  
I can't-- but I can depend  
on our love to see me through.  
You are the sweet dream  
behind my eyes before  
I open them every morning...  
and the calming thought  
that carries me to sleep each night.  
The thought of being with you  
is what keeps me going  
and gives me the strength  
to get through another day  
without you by my side.  
When we're together again,  
my world will be just like I want it...  
Filled with you.

