



## CAMERON MATHISON Father's Day Gift Guide



### A Meaningful Card

No Father's Day is complete without a quality, meaningful card from the ones you love. I love this new Stars and Pennants 3D Pop-Up Card from Hallmark because it's not only a card but a show piece you can keep on your desk or bookshelf.



### ...and a Donation to Dad's Favorite Charity

For my father, I like to pair a Hallmark card with a donation to his favorite charity, the Wounded Warrior Project. My kids have picked up the tradition and donate to my favorite charity Perthes.org each year on Father's Day.



### Hydrate in Style

I keep a tumbler with me at all times to remind myself to drink plenty of water throughout the day. Hallmark's Best Parent Ever Stainless-Steel Tumbler might be a bit of a shameless statement of approval. . .but, hey, I'm ok with that!



I'm also a big believer in the benefits of Hydrogen (H2) water which provides powerful antioxidants that protect us from oxidative stress. I like Echo H2 Tablets because they are designed for people on the go. Just pop the tablet in your new tumbler with regular water and – BOOM! – you now have the benefit of Hydrogen water.

### FORE!

I'm an avid golfer and I love the Mizzen + Main Phil Mickelson Polo. It comes in a sport fit and looks great both on and off the golf course.



If your dad is a golfer, consider a set or two of golf balls...you know, to replace those balls that mysteriously disappear!!! One of my favorites that are also inexpensive are Cut Grey Golf Balls.



### Dad Bod

The term Dad Bod has gotten a bad rap, but it doesn't have to be a negative. I'm a workout fanatic and proud of my Dad Bod. To keep me in style while working out, my wife Vanessa gave me an Alo Yoga Idol Performance Tank for Father's Day last year. It has become my favorite workout shirts. I also like to run but hate long, heavy shorts. Hill City 7" Run Shorts are perfect for me because they are lightweight, abrasion-resistant, and moisture wicking. Game changer!

### Sock It To Me

I love a good pair of socks. And while my kids are older, Hallmark's Baby Down Feet Up Novelty Ankle Socks are perfect for the dad with a little one.



### Family Fun Time

My family loves to camp. In fact, for Father's Day we'll likely take a hike near our house to a campground that overlooks Los Angeles for the night. If you are in need of a good tent, check out the Marmot Limelight 4-Person Tent which is our personal favorite.



### Game Night

We are a very competitive family and love a good game night. A classic like Catch Phrase definitely gets this dad in the competitive spirit!

